

# Covid-19 and effect on substance abuse treatment

**Finnish situation report** 

Antti Impinen TDI expert meeting, Lisbon 5 Nov 2020 Finnish Institute for Health and Welfare

#### Effect on services for substance abusers

- Closed or limited services during spring (telemedicine used)
- No places to stay during days or nights
  - Decreased levels of rest, hygiene, and nutrition
  - Many have slept in railway stations, malls, public toilets
- Increased disturbances and complaints in neighbourhoods
  - Open drug use on public spaces, dirty injecting equipment, complaints to police, bicycle thefts,

### **Police observations**

- Drop in international passangers did not limit the supply of drugs
- Most of the drugs imported arrive with cargo not affected

 Spring: Increased amount of violent crime and public disturbance

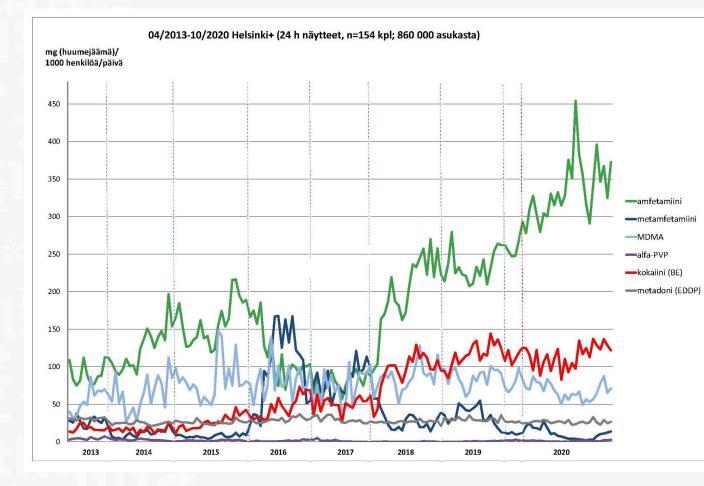


#### **Good practices in services**

- Provide opportunity for services (showering, laundry, guidance, lunchbags) while limited number of visitors
- Outreach work from low threshold service
- Collaboration between organizations (municipal, volunteer, accommodations)



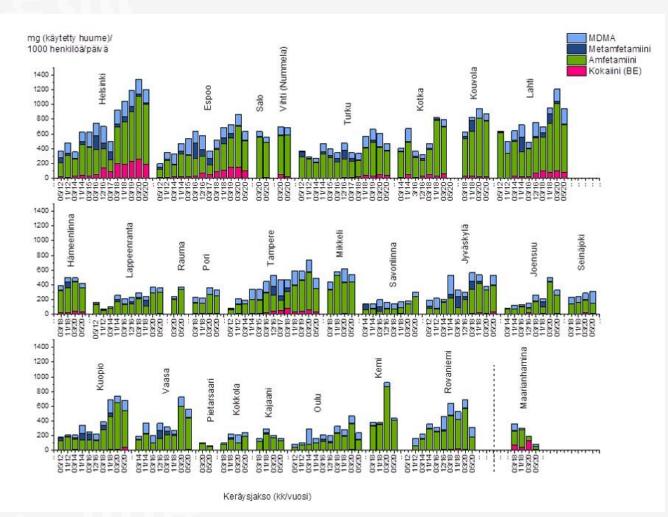
## Wastewater study: Drug residuals



- Amphetamine use high on corona times
- Rising trend from 2017 to 2020
- More information: Teemu Gunnar, Aino Kankaanpää: The practical implications of wastewater-based illicit drug epidemiology. Current Opinion in Environmental Science & Health, 9 (2019) 49-57.



### Wastewater study: Drug residuals



 Samples at 3/20 and 5/20 show high levels of amphetamines nationwide

